

Poonam Sharma, Ph.D.
Licensed Psychologist
Psychotherapy, Coaching, & Psychological Testing

14603 Huebner Road, Building 6
San Antonio, Texas 78230
210.493.6554; Fax 210.493.6714
www.HealthfulChanges.com

Authorization to Use and Disclose Protected Health Information

This form, when completed and signed by you, authorizes me to release protected information from your clinical record to the person you designate.

I authorize my psychologist, Poonam Sharma, Ph.D., to release the following Information:

- Psychological evaluation
- Progress notes
- Summary of record
- All information
- Other _____

This information should only be released to:

- My physician
- My attorney
- The person who referred me
- My previous therapist
- Family member
- Other _____

Name, address, and/or telephone number of person to whom information is to be released:

I am requesting that my psychologist release this information for the following reasons: (“at the request of the individual” is all that is required if you are my patient and you do not desire to state a specific purpose.)

This authorization shall remain in effect until _____ or 180 days from the date of this signed authorization.

You have the right to revoke this authorization, in writing, at any time by sending such written notification to my office address. However, your revocation will not be effective to the extent that I have taken action in reliance on the authorization or if this authorization was obtained as a condition of obtaining insurance coverage and the insurer has a legal right to contest a claim.

I understand that my psychologist generally may not condition psychological services upon my signing an authorization unless the psychological services are provided to me for the purpose of creating health information for a third party.

I understand that information used or disclosed pursuant to the authorization may be subject to redisclosure by the recipient of your information and no longer protected by the HIPAA Privacy Rule.

Signature of Patient or Personal Representative

Print Name

Date